

B.Y.

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Before starting Prolozone treatment, I was barely able to walk. I had to sleep downstairs in my own home because I couldn't get up the stairs to get in bed. I was going to see a regular orthopedic surgeon who wanted to do complete knee replacement on my left knee and arthroscopic surgery on right knee to cut out cartilage. I started looking into what you could do to re-grow cartilage, such as stem cell treatments.

Then online I discovered Prolotherapy which irritates cartilage with hundreds of needle sticks so that your immune system responds and heals the tissue. I heard from some people—including a “knee guru”—that Prolozone was better. I found Dr. Kalidas, brought him the MRI showing tears in both my knees, and decided to try Prolozone as a last resort before surgery on my knees. I was willing to try it before the knee replacement, but I was very skeptical and didn't think it would work. I really thought I'd be wasting my money.

I got both knees done. The injections hurt a bit—a little gritting of the teeth. At first your legs feel weak and for about 5 minutes, it's hard to walk. Afterwards, it's uncomfortable and difficult to walk for 24 hours. The day after that, the pain begins to subside.

I have now done three treatments, one week apart. After the third treatment, I'm back to walking three miles every day and can go fishing. I'm president of Laser Lure, Inc., and working in fishing lure industry, I need to be able to stand in a rocking, jolting boat sometimes for hours on end—and I couldn't do it anymore—I had to send other people in the company to shows and so forth.

Comparing this to surgery, I realized that I didn't want the surgery option. The stem cell method is about \$20,000. This treatment was tremendously cheaper, and there's no down time needed to recover as there would be with surgery (3 months rehabilitation), not to mention the equipment needed for recovery and the pain medicine you'd need to take. Surgery would mean no mobility at all, and surgery on one knee means putting more stress, weight, and pressure on the other. Even though surgery may be covered by insurance, the percentage for the deductible or co-pay would still be much greater than the cost I spent on the Prolozone.