

Share Your Success Story With Us!

MY PERSONAL STORY OF WELLNESS

The mission of The Center for Natural & Integrative Medicine is to provide personal care. We focus on medicine as an art with treatments tailored to *each individual*. We appreciate your loyalty to us and would be grateful for a personal testimonial regarding your journey towards optimal health. You can also go to our website www.drkalidas.com and under the testimonial/review tab write a review on google.

Three years ago I began experiencing a chronic cough that put my entire life on pause. I had trouble breathing and missed a lot of school. I ~~have~~^{had} seen so many doctors and was a frequent flyer in the ER. No one was able to help me and in fact all the medications they ~~gave~~^{gave} me made me so much sicker. Not only was I constantly having week long coughing fits but I was also throwing up and feeling dizzy. This past year I missed 25% of the school year but was sick and distracted for at least 50% of the year. Just a few months ago we decided to come here based on a recommendation from a friend. Dr. Kalidas immediately suggested we cut gluten and dairy and then ran some tests. Coming back today nearly three months after seeing him I am thrilled to report that I have not had a recurrence since cutting gluten and dairy. All of my labs validated his gut feeling and I am so excited being able to go ~~back~~ into this year knowing I can put all of that behind me!

By signing below you are hereby giving us consent to print your testimonial on our website and marketing material to raise awareness of the benefits of our practice and services.

Initials AB

Date 09.20.18